

Neighborhood House Community Center

Winter/Spring Program Guide 2012



Thank you for your interest in Neighborhood House Community Center's Youth Programs. We are a non-profit community center that has been offering youth programming for nearly a century!

YOGA

Kids Yoga (ages 5+) – The style and pace of our kids yoga classes address the natural instincts, needs and rhythms of children. We stretch, breathe, relax and enjoy the many benefits of yoga in a fun, playful, imaginative way. Children increase their strength, flexibility, concentration and ability to relax.

Tuesdays 4pm – 5pm 1/24 – 2/21 \$49

Parent/Child Yoga (ages 2-5) Children and Parents will explore yoga in a fun, playful, creative, and imaginative way. Stretch, breathe, relax and connect with your child while experiencing the many benefits of yoga.

Tuesdays 9am – 10am 1/24 – 2/21 \$49

TUTORING/MENTORING

Collegiate Mentoring Program

UW-Madison nursing students will encourage and guide students to think about their future by being influential role models through:

- Helping students with homework through tutoring sessions
- Attending events that will include movie and game nights
- Helping students explore an interest or hobby of theirs
- Go on field trips

Applications are found on our website, www.neighborhoodhousemadison.org or e-mail Amanda Ryan at Amanda.ryan@neighborhoodhousemadison.org for an application. Enrollment is on a first come first serve basis. We will hold a space for your child once an application and payment are received. We will cancel classes and programs if we do not received sufficient enrollment for each class.

Mission Statement

Our mission is to provide high quality programming and social services that facilitate the growth of a diverse, responsible and welcoming community.

Vision Statement

Neighborhood House will create opportunities for area residents to strengthen the quality of their community by making connections, building relationships and embracing diversity through social, educational and recreational activities.

Neighborhood House Community Center

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53715

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www.neighborhoodhousemadison.org